Find Joy and Comfort by Embracing and Accepting Yourself

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Owing a big mansion, luxury cars & outfits, a beautiful garden, the cutest wife, and enough funds in your bank account doesn’t guarantee that you’ll be a happy and joyful person.

Some people thought that accumulating more than the above things would help them become free from worries, anxieties, depression, or fear of anything that'd happen to them in the unseen world (future).

Joy, happiness and comfort are all found in the heart of those who embrace their selves and accept who they’re, irrespective of how much wealthy or poorer they’re.

It really saddened me whenever I came across news about somebody who committed suicide because they were in a state of depression about some minor, solvable problems.

I’ve been wondering why many people suffer from unhappiness deep down in their hearts while they’re still alive and enjoying uncountable natural gifts from their Lord?

Whenever I remember, I was not born perfect, I was imperfect, and I will never be 100% perfect in my life, My soul used to find solace, comfort, and tranquility from accusing and blaming myself just because somebody is better than me in some fields of life.

Just because you’re wealthy doesn’t mean you’ll not find happiness in your life, however, just because you’re poor doesn’t mean you’ll not find happiness either.

In this stage, happiness is not for poor, or rich people alone, it is for everyone who’s willing to embrace himself, accept himself with self-assurance, and live his life to the core.

Are you worried because your friend bought a new house while you’re still living in a rented one?

Are you worried because your friends are richer than you?

Are you worried because someone is more handsome or beautiful than you?

Are you worried because you're a homeless man/woman?

Are you worried because you’re poor or can’t afford to buy a new clothes every week to wear, three meals a day, or something else?

If one of the above listed reasons or a different one makes you worried, you need to always remember that if there’s life, then there’s hope, no condition is permanent in this life, if there’s hardship, then relief is on the way.

You only need to be patient and stop worrying.

If today you’re poor or you were born by poor parents, that doesn’t mean you won’t be rich, richer, or richest one day, But have you ever seen a person who becomes successful while he fails to do anything meaningful for himself and has been worried all his life because of being poor?

No, being worried about something you don’t have or that you think you won’t have will only cause you depression. Stop worrying and start working on something you’re good at, and I assure you, one day you’ll beam with a smile.

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